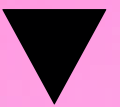


Wakana Reunion
17–20 May 2024

→ **Survival Guide**



wakanalakereunion.com

SUMMARY

Presentation

Location

Getting to Wakana

Sustainability

Useful information

Parking

Essential packing list

Music

Wellness area

Art

Market

Accommodation

Food

Health & Safety

→ Presentation

Welcome to WAKANA REUNION, a unique and exclusive event held in Los Alcornocales Natural Park, Cádiz. Our family is overjoyed to welcome you to the stunning landscapes of Wakana.

For centuries, people have been coming to the region to reconnect with nature and spirituality.

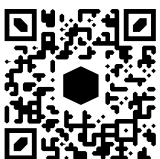
WAKANA REUNION aims to continue this tradition adding music, art, performance and installation as further catalysts for experience and exchange.

→ Location

Dating back to the very beginning of the Neolithic era in the 20th Century BC, Wakana still demonstrates remnants of its ancient history in its painted caves (Tajo de las Figuras) and dolmens.

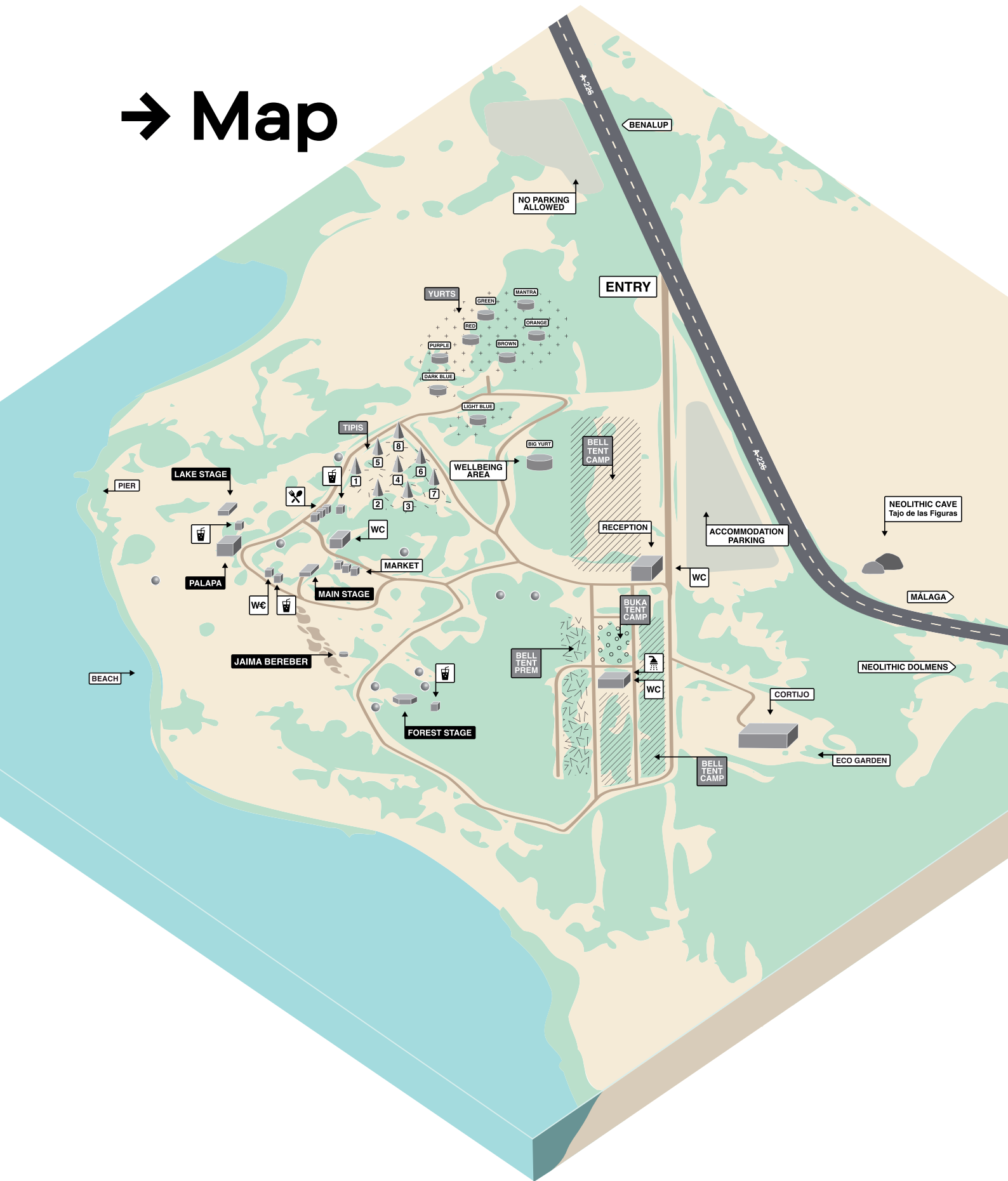
Funerary structures protecting Phoenician remains are to be found in the bottom of the caves, Wakana being a former Phoenician trading place with Greeks and Tartessians.

Researcher Alberto Porlan believes that the Tartessian mythical city of Atlantis would have been situated on a fluvial island right here! With such rich history, visitors to Wakana often describe it as a true source of energy and a temple to fertility and nature.



> Go to Google Maps
Carretera Benaluz- Casas Viejas, Km 6.5
11190 Benalup, Cádiz
(36.310087, -5.742841)

→ Map



→ Get to Wakana

BY BUS

Coming by bus to Wakana Reunion is a great option. Most bus tickets in Spain can be booked from movelia.es. If you have problems with Movelia, try alsa.es, the biggest single bus company in Spain.

BY TRAIN

The train nearest station is Jerez. It's 50 minutes from here. GIBRALTAR, MÁLAGA and SEVILLE are also good options.

BY PLANE

The closest international airport is the Málaga one. It's 1 hour and a half away. GIBRALTAR, JEREZ and SEVILLA are good options too.

WR SHUTTLE SERVICE

We will provide an official transfer service for those who sleep in the village or park their car there.

CARPOOLING

We highly encourage carpooling to those who have the possibility to do so! In our Facebook group you can offer empty seats to or from Wakana Reunion to fellow travellers or ask them to share their ride with you. In our Facebook Group or our Family Room, you can offer.

VTC

Download VTC platforms as Uber, Cabify or Bolt and come to Wakana on your own.

Total estimated price :
Málaga - Wakana 220€ (4 people).

BY TAXI

There will be a taxi stand in our parking lot 24 hours a day, contact Pedro on +34 609 831 341

Price: 5-10€

→ Sustainability

Leave no trace

At Wakana Reunion we're very keen on taking ultra good care of our environment. When we leave our beautiful grounds at the lake, they should be left in better condition than when we arrive. Aware of the environmental impact of holding a festival, the sustainable management of Wakana has become one of our priorities. We want to work, from the first edition, to progressively minimize the event's footprint and, in the medium term, to make Wakana Reunion a festival that leaves its mark on the public, but not on the environment.

**BRING YOUR OWN CUP OR
BUY OUR WAKANA REUNION 2023 CUP**



**Single-use
plastic is not
Allowed**



RUBBISH AND WASTE

Our waste stations will be better positioned so you walk past them on the major thoroughfares to and from our high traffic areas. You will also be easily able to locate waste stations with our specially designed highly visible flags. This means you'll always know where to walk to find the correct home for your rubbish.

Secondly, we will have two defined clean up sessions each day. One in the morning and the second just before dusk. With everyone contributing during these sessions our beautiful festival site will remain clean and fresh over the weekend and that by taking an active role, we'll all be less likely to litter.

DO NOT THROW CIGARETTE BUTTS ON THE GROUND.

At the entrance we will give you an ashtray for cigarette butts.

Please use it and do not throw cigarette butts on the ground.

Wakana is in a national park and we want to keep it beautiful.

IN CASE YOU FIND ANY, PLEASE PICK THEM UP!



**Offset your
carbon footprint**

→ Useful Information

BRING YOUR ID

Please, don't forget to bring your ID to present it at the entrance and get your wristband. You'll also need to present it if you decide to reach Wakana using our service of charter buses.

BRING A POWERBANK

The areas with mains plugs are private. There are few free plugs outside but they will be very requested. If you sleep in a tepee and do not want to be without a battery in the mobile you must bring your own external charger. The use of the reception plugs will not be allowed. If you need to charge your phone, you can leave it at our charging station in our Wakana € hut - 4€ per full charge.

PARKING

Priority parking for clients with accommodation within the site. No parking in former Parking 2 "Parking Corredor Verde Dos Bahías". More information below.

DEPOSIT BELL TENT PREMIUM

Bell Tent Camp & Bell Tent Premium 100€ (cash) deposit to be returned at the end of the event.

ATTEND WITH CASH

Due to the low coverage in Wakana, the dataphone could present coverage problems. To avoid these kinds of problems please bring cash, the nearest ATMs are located in Benalup Casas Viejas (€ 5 taxi from Wakana).

TICKETS

Don't print your tickets, phone screen is fine. Let's save the trees! Your ticket doesn't include accommodation in Wakana, it must be purchased separately.

WAKANAEURO

All payments inside the festival will be made in WakanaEuros. Change your cash at the reception and buy food, drinks and activities.
1 WakanaEuro = 1Euro

TAXI & TRANSFER STOP

DO NOT DRINK & DRIVE - Official Transfer & Taxi Stop at Wakana Reunion Parking. We have Official Transfer and Taxi Stop at Wakana Reunion Parking (10€) More info below.

NO WI-FI

There is no Wifi in Wakana but you will find a better connection.

SCHEDULE

OPENING TIME:

Friday, from 15:00pm.
Shows starting at 18:00pm.

CLOSING TIME:

Monday, at 15:00pm.
Accommodation check out: 14:00

→ Parking

Wakana Reunion is located in the heart of the Alcornocales Natural Park, we are surrounded by extensive vegetation, fauna and we are very fortunate for this. This edition due to the high temperatures we have had and the drought we are suffering we must protect our environment more than ever, reduce the impact on it and protect it from the risk of fire, for that reason, our parking has been reduced only to the main parking of the space, where due to its limitation, will have priority parking for those with accommodation within the enclosure, please note the following indications

WAKANA REUNION PARKING

Priority for attendees with accommodation inside Wakana Reunion



BENALUP CASAS-VIEJAS PARKING

10 minutes from the venue, 10€ max. by Taxi.



LAS LAGUNETAS PARKING

In front of Venta Correro, 8 minutes from the venue

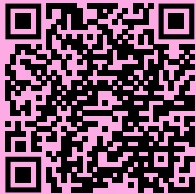
CORREDOR VERDE DOS BAHÍAS

(Old Parking 2) danger of being fined / towed.

**PROHIBITED
PARKING**

MOTORHOMES, VANS AND CARAVANS

Due to complaints related to noise and the care of the environment, we regret to inform you that caravans, motorhomes and vans are strictly prohibited in the main car park. These types of vehicles will not be allowed access to the inside of the site, neither will they be allowed access to main parking, even if they are only used as a vehicle, however we offer you the following spaces.



**Benalup Casa Viejas
Motorhome Area**
10 min from the venue



**Area recreativa
El Celemín**
5 min from the venue



Las Lagunetas Area
In front of Venta
Correros
5 min from the venue

WR SHUTTLE SERVICE

We will provide an official transfer service for those who sleep in the village or park their car there. Route / Pick up points:

Fair Play Golf & Spa Resort → **Benalup Casas Viejas Parking** → **Las Lagunetas Parking** → **Area Recreativa El Celemín** → **Wakana Reunion**

Official bus service for those who sleep in the village or park their car there. Shuttle Pass includes round-trip transportation to key points outside of Wakana throughout the 3-day event.

Friday 17

- 1st departure: 15:00 h
- Frequency: Every 30 min from 15:00 to 00:00 h
- Last departure: 05:00 h / 05:30 h / 06:00 h

Saturday 18

- 1st departure: 13:00 h
- Frequency: Every 30 min from 13:00 to 18:00 h
Every 60 min from 18:00 to 00:00 h
- Last departures: 05:00 h / 05:30 h / 06:00 h

Saturday 18

- 1st departure: 15:00 h
- Frequency: Every 30 min from 13:00 to 20:00 h
- Last departures: 22:00 h / 05:30 h

→ Essential Packing list

We strongly advise you to only bring what you need to the festival. We have invested all our efforts into creating a paradise for you to explore – complete with places to dance, chill out, swim, eat and drink.

We are a leave no trace festival which means taking everything home with you. And the less you bring, the less you'll need to pack up at the end of the weekend when all you want to do is get home.

Use this handy list of essentials to make sure you are prepared for your trip to the reunion!

WHAT TO LEAVE AT HOME



**NO SWIM
AT NIGHT**



**NO FOOD IN
THE ROOMS**



**NO DRINKS &
FOOD FROM
OUTSIDE**



**NO GAS
BOTTLES**



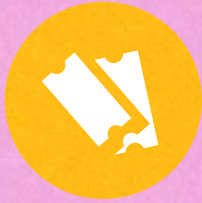
NO FIRES



NO GLASS

Wakana Reunion is located in a national park. So as to avoid problems with waste and to respect our sustainability plan, the entry of outside food and drink into the car park and grounds is completely forbidden, except water, fruit and small snacks.

→ What to bring



TICKETS



CASH



**PORTABLE
CHARGER**



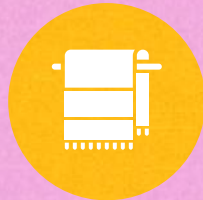
**INSECT
REPELLENT**



ALLERGY PILLS



**CAREFREE &
LOVING
ATTITUDE**



TOWEL



**SUN-
GLASSES**



**CLEAN
UNDERWEAR**



**WARM COAT
FOR THE NIGHT**



SWIMSUIT



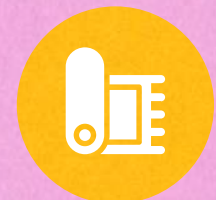
HAT



**SUN-
SCREEN**



**COSTUMES
CHANGES**



**EXTRA
BLANKET**

WEATHER

Wakana Reunion WEATHER...



<https://www.eltiempo.es/benalup-casas-viejas.html>

Music

→ Friday 17

Main Stage

18:00 → 20:00 h	Rober Peinado
20:00 → 23:30 h	Cami Layé Okún
23:30 → 01:30 h	Sinego
01:30 → 03:00 h	Bradley Zero
03:00 → 05:30 h	Argia b2b Miguel Payda

Forest Stage

22:00 → 00:00 h	Bananna
00:00 → 02:00 h	Pascal Moscheni
02:00 → 05:00 h	Jake The Rapper
05:00 → 07:00 h	Laurine & Cecilio

Jaima Bereber

22:00 → 02:00 h	RAZIEL248
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Add Live Reunion
mobile app

MUSIC
PROGRAMMA
MME

→ Saturday 18

Lake Stage

- 14:00 → 15:00 h Jara Pol (live)
- 15:00 → 16:00 h JavyPablo (live)
- 16:00 → 17:00 h Archil & Leon (live)
- 17:00 → 18:00 h Çantamarta (live)
- 18:00 → 19:00 h Philipp Johann Thimm (live)
- 19:00 → 20:30 h Crazy P Soundsystem (live)
- 20:30 → 22:30 h Mano Le Tough

Main Stage

- 22:30 → 01:30 h System Olympia (DJ set)
- 01:30 → 03:30 h Axel Boman
- 03:30 → 05:30 h Fort Romeau

Forest Stage

- 22:30 → 00:00 h Marco Llorente
- 00:00 → 02:00 h Foie Gras
- 02:00 → 04:00 h Loewenthal
- 04:00 → 07:00 h CC:DISCO!

Palapa

- 07:00 → 10:00 h Karla Mercedes

Jaima Bereber

- 22:00 → 02:00 h RAZIEL248

→ Sunday 19

Lake Stage

- 10:00 → 11:00 h Josue Bonnín
de Góngora (live)
- 13:00 → 14:00 h La Historia (live)
- 14:00 → 15:00 h Dwara (live)
- 15:00 → 16:00 h José Ortega
& Azahara Alcaine (live)
- 16:00 → 19:00 h Jam de Cul (live)
- 19:00 → 22:00 h Move D

Palapa

- 22:30 → 01:30 h Misterpiro
- 01:30 → 03:30 h GAZZI
- 03:30 → 05:30 h Yung Prado

MUSIC PROGRAMME

→ Wellbeing Programme

Location
Big Yurt

Mysticism designates a type of experience that is very difficult to achieve, in which the maximum degree of union of the human soul to the Sacred during the earthly existence is reached.

→ Friday 17

16:00 → 17:30 h *WORKSHOP*

Ananda Mandala
by Roshiva & Victor

→ Saturday 18

10:00 → 11:00 h *YOGA*

Wild open heart
by Alizee

11:00 → 12:00 h *TALK*

Lucid dreams
by Alonso Denis

12:00 → 13:00 h *YOGA*

Power Yoga
by Lucía Liencres

13:00 → 14:00 h *TALK*

**The good ancestor:
lessons earned!**
by Sonia Díez

14:00 → 15:00 h *YOGA*

Vinyasa Yoga Fungi
by Lorena Aguiar

15:00 → 17:00 h *WORKSHOP*

Heart resonance
by Julia Nar & Saritam

17:00 → 18:00 h *YOGA*

**Lose your Mind to Come
to your Senses**
by Silvia Venadita

18:00 → 19:30 h *CEREMONY*

Empowerment Undressed
by Lucie Forster &
Nuala Mary Pink

→ Sunday 19



Add Live Reunion
mobile app

09:00 → 11:00 h

Sensual Silent Dance
by Anna Orlinski

11:00 → 12:00 h *YOGA*

Yin Yoga
by Maite

12:00 → 13:00 h

Cacao Ceremony
by Conscious Hub

13:00 → 15:00 h

**Awaken the Flow:
Breathwork
Journey**
by Zarah Boden

15:00 → 16:00 h *YOGA*

**Awaken yourself
with Amrita**
by Lucia Marinetto

16:00 → 17:00 h *WORKSHOP*

Holistic resonance
by Ann Besudo &
Juliana Silva

17:00 → 18:00 h *YOGA*

Vinyasa flow & sound
by Sofia Zavalía

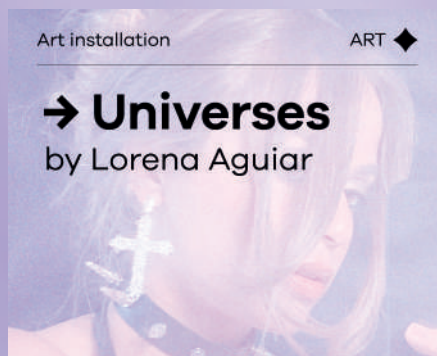
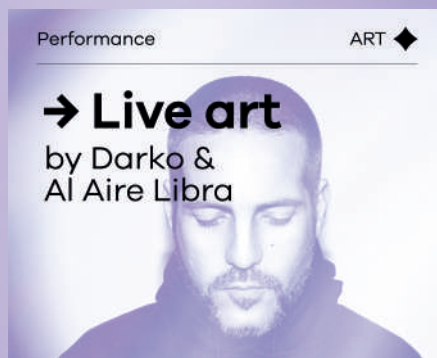
18:00 → 20:00 h

Innerdance
by Roshiva & Victor

→ Art & Performance

Wakana Reunion is committed to encouraging artists to delve deep into the wilds of their imagination to boldly produce the beautiful, the bizarre and the brazen.

Our mission is to become a small global family passionate about the ability of nature, music and art to bring people together. We love culture, art and creativity of the human being, if you have an artistic project that you want to be involved in, submit your proposal!



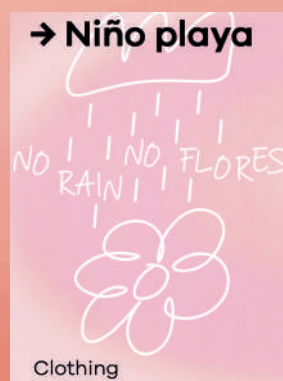
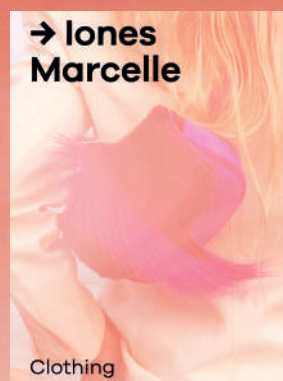
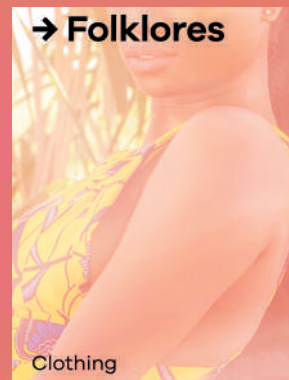
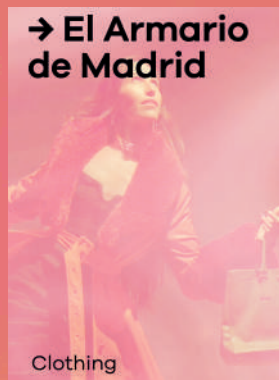
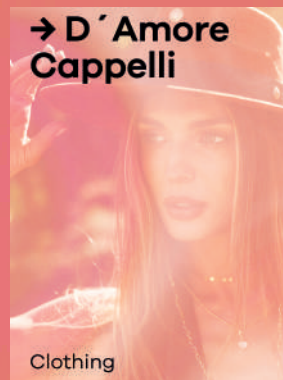
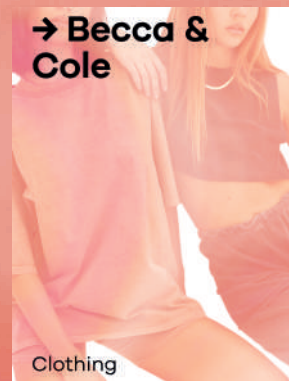
→ Market

Fri 18:00 – 02:00

Sat 11:00 – 02:00

Sun 11:00 – 18:00

Discover a world of flower crowns wreaths, body painting, costumes, accesories, etc. The Wakana Lake Craft Market is a way to promote a sustainable, ethical, conscious and friendly way of selling and buying products. Following our principles, we would like to offer a new kind of shopping, based on the respect for nature and the world we live in.



→ Accomodation Wakana Reunion

Discover a world of flower crowns wreaths, body painting, costumes, accesories, etc. The Wakana Lake Craft Market is a way to promote a sustainable, ethical, conscious and friendly way of selling and buying products. Following our principles, we would like to offer a new kind of shopping, based on the respect for nature and the world we live in.



TIPI
6 PAX



YURTA
6 PAX



**BELL
TENT**
2/4/6 PAX



BUKA
4 PAX

→ Accomodation near by Wakana Reunion

FAIRPLAY GOLF AND SPA RESORT *****

The resort has an impressive 5* hotel, conceived in the environment in the white towns of the Sierra de Cádiz.

In collaboration with Wakana Reunion puts at the disposal of the attendees an incredible offer for the days of the festival. (May 20– 23)

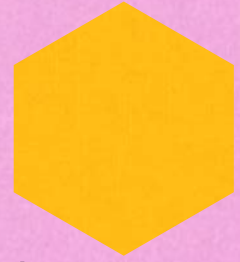
HOTEL UTOPIA ****

A trip to the 1930's in Benalup-Casas viejas. The infrastructures at the extraordinary themed Hotel Utopía offers a journey back through time.

HOSTAL ATALAYA *

Feel at home. Boasting a concierge service, this property also provides guests with a terrace.

→ Food



Mediterranean-Style kitchen with local products of the season, eating healthfully together among family and friends.

KOFFICLUB

KOFFICLUB are specialty coffee roasters based in Marbella. We want to bring you the best fresh roasted coffee that the coast has to offer!

We hope you enjoy our coffees. 'Life 's too short to drink bad coffee! '

BIBRA FOOD

Welcome to the world of real flavors! Bibra Real Food is a dining concept based on healthy food with international flavors.

You can enjoy poke bowls, salads, wraps, ramen, kombuchas, low-sugar desserts, and much more! All based on fresh and natural ingredients that you can customize to your liking, as well as taste our own recipes. Some are so original that you won't find them anywhere else. Are you up for it?

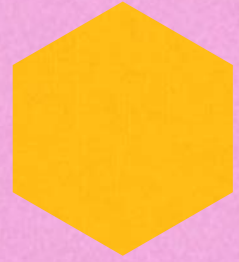
BOWL & SOUL

Authentic flavours fresh ingredients & true memories Creative, eco-friendly catering that transforms seasonal ingredients into memorable culinary experiences through innovation and food for longevity.

From our hearts to your plate appealing to both the palate and the soul.

Your pharmacy at Wakana Reunion!

→ Food



FAMILY KITCHEN

Products 100% homemade, from the dough to the backed pizza, in a wood-fired oven that built for the occasion. Healthy, delicious pizzas, for vegetarians and vegans too.

WAI TEA

We're a team of enthusiasts dedicated to spreading the joy and culture of tea.

We do our best to popularize tea culture, sharing the sheer delight and aesthetic beauty that comes from savoring tea. From music festivals to parties and private corporate events, we're passionate about bringing our tea experiences to you. It's not just about the taste; it's about the feeling, the culture, and the community we build around it. Join us in spreading this joy and making the world a little more connected, one cup at a time.

EL GORDO

El Rincon del Gordo offers a Mediterranean culinary experience in the heart of the Los Alcornocales Natural Park, highlighting locally sourced seasonal ingredients and expertly grilled dishes. From succulent skewers to fresh tuna, each bite tells a story of the region's vibrant flavors. With a commitment to quality and a menu featuring a variety of Mediterranean delights and tapas, the restaurant invites guests to savor the essence of Spanish cuisine in a cozy and inviting ambiance.

COBO CATERING

For the first time at Wakana Reunion we come to bring life to a wonderful gastronomic adventure.

Proud of our roots, we rely on top-quality, seasonal products. Our specialty? Dry rice dishes, oysters, and a varied selection of Spanish tapas

→ Health & Safety

1. PREPARE YOURSELF

Weather conditions can change suddenly and you need to prepare for all kinds of weather; from burning UV sunrays and chilling-cold nights, to dust that gets in your eyes and aggravates asthma to rain and the mud that follows. Like any other camping trip, please ensure you pack warm clothes (get those woollen knits out), sunscreen, sun-smart hats and breathable clothing, appropriate footwear, insect repellent, a reliable tent and adequate bedding (check the temperature range on your sleeping bag). If you have a health condition bring your prescription medication (plus extra in case it gets lost or the seal is compromised and consider wearing a medical ID tag for the festival) and bring your own First Aid Kit. Don't forget your insulin, EpiPen, inhalers, contraception, or any other important medication when you are reliant on this!

If you do decide to have alcohol or other drugs, do so consciously. Be aware of your physical wellness, how you feel emotionally, consider the impact of existing health conditions and the medication you take and how the weather can complicate your drug experience. Make sure you are continually well-rested, fed and hydrated. Inform yourself on expected effects, safer/more pleasurable dose ranges, how to respond if there is an incident, many other risk factors and how to minimise those risks.

2. BE RESPONSIBLE & SAFE

You are in charge of your body. Know your own limits. Be gentle with yourself. Pushing your limits may result in a negative experience and can be dangerous. This part may come across a bit heavy, but we cannot stress enough how important this is: **USING ALCOHOL OR OTHER DRUGS IS NEVER WITHOUT RISK.** Be cautious if you choose to use alcohol or other drugs. Less = More. Be aware the highest dose is often not the most fun dose and can involve serious risks. In the current global market, drugs often contain substances other than what they are sold as with unknown effects and much higher toxicity. **ALWAYS** ask for medical support when someone is unconscious and roll them on their side in the recovery position. **BE RESPONSIBLE, SAFE AND INFORM YOURSELF.** We cannot repeat this enough: do your research, be precise in your dosage, practice self-care always and seek help immediately when necessary.

3. DRINK ENOUGH BUT NOT TOO MUCH

Fluid is important to maintain a healthy body. Water intoxication and dehydration are serious risks. You can reduce such risks this by drinking enough but not too much. Alternate water with sports drinks, coconut water, beetroot juice and tomato juice. Apply the following rules:

Up to 1 drink (= 250ml, non-alcoholic) per hour maximum when you are chilling out.

Up to 2 drinks (= 500ml, non-alcoholic) per hour maximum when it's hot and/or you are active/dancing. Alcohol does not count as fluid intake because it causes you to pee more than you drink

4. EAT EVERY FEW HOURS

Eating regularly is just as important as drinking fluids to keep you well and prevent water intoxication. Food contains electrolytes that are important to maintaining a healthy fluid balance in your body. It also contains many other nutrients to replenish those you have used when partying. Eat something regularly, even if you don't feel like it. Drink soup, beetroot juice or tomato juice when eating is difficult. Drinking coconut water and sports drinks may delay possible water intoxication slightly but will not prevent it completely. If you feel unwell, seek help early.

5. COOL DOWN & CHILL OUT

Don't want to stop dancing? Of course you don't! However, cooling down is important to prevent your body from overheating. The best way to cool down is by chilling out regularly, even when you don't feel like it. Use cooling aids on pulse points + the back of your neck + groin, avoid wearing synthetic fabrics in hot weather, never continue dancing when you are not feeling well, sprinkle yourself with water and find a nice spot in the shade.

6. THE MEDICAL TEAM IS YOUR FRIEND

AND SO IS THE NEST! IF YOU NEED HELP, DO NOT HESITATE! WE ARE A COMMUNITY THAT CARES FOR EACH OTHER.

Never leave someone alone unwell. Let yourself or others be checked by medical instead of trying to 'sleep it off' alone. Is someone unresponsive or unconscious? ALWAYS CALL FOR MEDICAL ASSISTANCE and apply the recovery position (ie. lay a person on their side) until help has arrived.

7. DONT' DRIVE IMPAIRED!

NEVER DRINK OR TAKE OTHER DRUGS AND DRIVE. Never sit behind the wheel of a vehicle when under the influence of alcohol or other drugs, as your driving skills are impaired. Don't consider driving if you are in any way fatigued or may even have traces of drugs in your bodily fluids. When leaving the festival, make sure you are well-rested, fed, hydrated, sober and have no traces of drugs in your bodily fluids (a minimum of 24, but more often closer to 72 hours is required before being fit to drive).

8. HAVE FUN



→ Sponsors



Coca-Cola



ecoembes

NO20

→ Partners

JAMESON
IRISH WHISKEY



Thanks